

**Principal:** Martin Huffman  
**Counselor:** Katie Gale  
**Athletic Director:** Grady Fallon  
**Registrar/Secretary:** Suzanne Croy

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**TOLEDO  
HIGH SCHOOL**  
P.O. Box 820  
1242 State Route 505 • Toledo, WA 98591  
360.864.2391 • Fax 360.864.2396

September 16, 2021

**RE: Washington State 2021 Healthy Youth Survey**

Dear Parent(s)/Guardian(s):

During the week of October 11<sup>th</sup>-15<sup>th</sup>, 2021, Toledo High School will be participating in the 2021 Washington State Healthy Youth Survey. The Healthy Youth Survey includes questions related to physical activity and diet, unintentional and intentional injury, substance use, risk and protective factors, and access to school-based services. Survey results are used by schools, communities and state agencies to plan programs to support our youth and reduce their risks.

The Healthy Youth Survey will be administered to students in grades 9-12 in smaller districts across the State of Washington. Participation in the Healthy Youth Survey is completely voluntary and student answers will remain anonymous.

The 2021 Healthy Youth Survey will be administered online this year. No privacy issues were identified in the E-survey pilot conducted in 2019. This year, schools and districts are being instructed to disable any recording, keystroke tracking, and video capture software on school-issued devices used to take the survey.

Attached is a Parent/Student Notification Flyer for you to read for more information about the Healthy Youth Survey. Please feel free to call me at (360) 864-2394 with any questions or concerns.

Sincerely,



Katie Gale  
School Counselor  
Toledo High School



## INFORMATION FOR PARENTS & STUDENTS

**Our school will participate in the Healthy Youth Survey during this Fall.**

The survey asks questions about risks for injury, health outcomes, and alcohol and drug use. Schools, and state and local agencies use survey results to support our youth and reduce their risks. The Healthy Youth Survey is voluntary and anonymous and provides important information to guide policy and programs that serve our youth.

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*Please share this information with your student.  
Then talk about the survey and decide if your student will participate.*

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**Q: Who will be asked to take the survey?**

A: Students in Grades 6, 8, 10, and 12 across Washington State and students in Grades 7, 9 and 11 in small school districts.

**Q: Is the survey voluntary?**

A: Yes! Students taking the survey can skip questions and stop taking the survey at any time. If you do not want your student to participate in the survey, you can call the school to excuse your student. Students can also tell their teacher that they do not want to take the survey. Students not taking the survey will take part in a different activity, such as studying or reading in the library. There is no penalty for not taking part in the survey. Your student's grades will not be affected.

**Q: What questions are on the survey?**

A: Survey questions come from surveys across the nation and in Washington. Parents or guardians can contact their school office to see a copy of the survey.

Question topics include:

- Information, such as age, gender, and race and ethnicity
- Feelings about school and community
- Relationships with parents, friends, and neighbors
- Eating habits, physical activity
- Health education
- Attitudes about and the use of tobacco, alcohol and other drugs
- Behaviors and feelings related to safety
- Behaviors related to violence
- Gender identity and sexual orientation (not for Grades 6 or 7)
- Sexual behavior and abuse (not for Grades 6 or 7)

**Q: How is student identity protected?**

A: Students will not put their names on the survey. There are no codes or information to match a survey to a student. No one from the school will look at their answers. Students will submit their completed surveys confidentially when they are done. Survey results will not identify any student.

**Q: How are the survey results used?**

A: Schools, school districts, counties and state agencies use the results to understand our students and to provide them with the services they need. Results are used for planning, evaluating, and improving programs, and getting the money to support them. Anonymous data are also shared with local health departments and approved researchers.

**Need More Information?**

If you have any questions about the purpose of the survey or survey procedures:

- Call toll-free 1-877-HYS-7111
- Email [healthy.youth@doh.wa.gov](mailto:healthy.youth@doh.wa.gov)

Information about the Healthy Youth Survey can be found at: [www.AskHYS.net](http://www.AskHYS.net)

The Washington State Institutional Review Board has approved the procedures for the Healthy Youth Survey that are described in this letter. If you believe these procedures have not been followed, please call 1-800-583-8488. You do not have to leave your name. All messages will be returned.

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**Students have been taking the Healthy Youth Survey since 1988. The number of students has grown from only a few thousand students to over 230,000 a year!**

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*Thank you for reviewing this information and talking with your student!*

*The Healthy Youth Survey is sponsored by the following state agencies: Health Care Authority - Division of Behavioral Health and Recovery, Department of Health, Office of the Superintendent of Public Instruction, and Liquor and Cannabis Board.*

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